



Hand in Hand



Learning together for a better future

Friday 15th May 2026

This week, Year 6 have had their SATs (Standard Assessment Tests). We couldn't be any prouder of the way in which the children have conducted themselves. They have all shown resilience and incredible determination throughout the whole week even arriving to school early for their pre-SATs breakfast. Mrs Lamb, Director of Education for Crofty, spent some time in school and was equally impressed with the children. Thank you to parents/carers for ensuring they were present and punctual. They certainly enjoyed their well-earned party today. Well done Year 6!

Last week, Mrs May, Mrs Head and I met with some parents regarding SEND. We would like to thank all those parents, who attended and for your invaluable feedback and suggestions, which we have already started to work on and will share with you over the coming weeks. There will be additional coffee afternoons in the near future and we look forward to seeing more parents joining us.

I wish you all a fabulous weekend, Mrs Johnson

Team EYES

As you may know the children in our nursery and reception classes have been taking part in the 'Smarter Smiles Toothbrush Club' over the past few months. They are encouraged to brush their teeth as a fun, supervised activity. They join 'Hey Duggee', the big, brown friendly dog from the popular CBeebies channel and they especially love to listen to the music as they brush their teeth for 2 whole minutes.

Earlier this week, we heard from Emma, our outreach dental nurse, that we had been awarded the bronze level smarter smiles accreditation. Wow! We are so proud of everyone and think you are all GREAT!



Notice: Roskear School distributes fliers and magazines offering family services or posts details of local activities on the newsletter. Whilst we think that parents might like the information and find it useful, the school does not necessarily endorse these services.

GREAT

CALENDAR *(additions in red)*

Inset Days for academic year 2025/2026: 22/07/2026, 23/07/2026

Yr 6 residential to London: 18th - 20th May 2026

Yr 5 residential to Isles of Scilly: 8th - 12th June 2026

Yr 4 residential to Porthpean Outdoors Centre: 6th—8th July 2026

Team 1 & 2

In Design Technology, Year One have been learning about free-standing structures. We learnt what free-standing structures are and looked for some around our school. We have been learning to join different materials using different joining techniques.



PRE-SCHOOL AND NURSERY PLACES AVAILABLE!

Roll up, Roll up!

It is not too late; spaces are still available in Pre-school and Nursery from September 2026.

Within our indoor and outdoor environments, we offer exciting and engaging activities for all 2, 3 and 4 year olds.

Please contact Becky Groombridge and Leah Hocking via the school office.

The Pre-school and Nursery team are looking forward to meeting you all!

Team 3 & 4

It has been a busy week in Falmouth class this week! We have been learning about states of matter in science, and conducted an experiment. We added hot water to a tray and put different materials (candle wax, butter, ice, jelly, chocolate) in foil trays, and tested which melted the quickest.

Later in the week, we took part in a live big school workout with Joe Wicks for Mental Health Week. We completed lots of different exercises that really got our hearts racing!



The Eco Warriors have been busy weighing and recording all the food waste in school, and their hard work is already paying off. This week, the total amount of waste has **gone down**, showing that everyone's efforts to be more mindful are making a real difference. It's a brilliant step toward a greener, less wasteful school community.



ROSKEAR PRIMARY AND NURSERY SCHOOL

SPORTS STAR OF THE WEEK

A weekly award to celebrate our endeavours in Real PE lessons

Jago for being GREAT during PE lessons and always showing fabulous sportsmanship. Well done Jago, you have been a standout super star.

Next Thursday (May 21st) all KS1 children will be given a free school lunch. They can still bring in a packed lunch from home if they wish but they will be encouraged to try something from the kitchen too. Thank-you.

They will be able to chose from one of the following: Please see the menu on page 9 for more details.



MHST Wild Wellbeing

NHS
Cornwall Partnership
NHS Foundation Trust

MHST, in collaboration with the National Trust, would like you to join us on a **FREE Wild Wellbeing session** in Cornwall during May half term.

This is for parents and children aged 5-12 in Cornwall to help understand and support emotional and mental wellbeing.

Please book **EACH** child on to a session

Each session will last approx. 2 hours

Locations and dates

27 May 2026 - Tehidy Woods

28 May 2026 - Lanhydrock in collaboration with the National Trust

All sessions will begin at 10am. Please wear weather appropriate clothing!



To request a place, please complete the online form
<https://forms.cloud.microsoft/e/f1Vd5Y29rL>



Scan to sign up

Please be aware that spaces are limited and assigned on a first-come, first-served basis. If you cannot attend after being allocated a place, inform us so we can give your spot to someone else.

Follow us on Facebook for updates and upcoming events:
Cornwall Mental Health Support Team (MHST)

MAY HALF-TERM

SATURDAY 23RD MAY

- Story-time & Craft with Captain Jake Sparrow 10:30am 📖 & Tom Palmer 11:30am

MONDAY 25TH MAY

- Closed

TUESDAY 26TH MAY

- Clay Sea Creature Workshop 2pm-3pm 🦀

WEDNESDAY 27TH MAY

- RNLI Workshop - Learn simple beach safety tips with the RNLI! 2-3pm 🚒

FRIDAY 29TH MAY

- Under The Sea Crafts - Drop in 🐙
- TEENS photography collage workshop 2pm-4pm 📷

SATURDAY 30TH MAY

- Mermaid Story time & Craft 10:30am 🧜‍♀️

MAY HALF-TERM 23RD - 30TH



Camborne Library @ THE PASSMORE EDWARDS BUILDING, TR14 8HA

photo collage workshop



11-16 years

Free



**29/05/26
2-4pm**

with Joanna Natalija White & Make It Better CIC



**FAMILY
WORKSHOP!**
27TH MAY 2PM-3PM



Lifeboats

CAMBORNE LIBRARY | TR14 8HA

LEARN THE IMPORTANCE OF BEACH SAFETY!
BE SAFE, HAVE FUN!

PLACES ARE LIMITED.
BOOK NOW!



**KAMM
BRONN**
CAMBORNE LIBRARY

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Encouraging Empathy in Pupils

Studies show that emotional empathy is developed in children as early as age 2, and where they have good attachment experiences and modelled behaviour, a child will develop a good level of empathy. Cognitive empathy develops slightly later on when children begin to understand that another person's way of seeing the world may be different to their own.

In school, the environment, people, values, systems and culture all help determine how pupils develop empathy. Here is a guide to help create the conditions in which empathy can thrive.

1. CREATE THE RIGHT ENVIRONMENT

Develop a trusted, safe environment where pupils can talk about their feelings without fear of judgement, being shamed or belittled. This is in the context of whole-school values and within a classroom environment.

2. MODEL EMPATHY

Demonstrate empathy through the interactions you have with pupils and other adults. When they share their feelings or experiences, listen and validate them. 'It makes sense to me, given what you have told me, why you feel that way.'

10. FIND A BALANCE

Sometimes, we need to dial the empathy up for a distressed pupil or colleague, but having the dial turned up all the time will lead to compassion fatigue and overwhelm. We need to learn and know when it is best to dial it down too.

3. ESTABLISH WHOLE-SCHOOL BUY-IN

Take time to establish whole-school buy-in from senior leaders and teachers to parents and pupil ambassadors; it is crucial that the whole-school community understands their part in demonstrating and developing empathy.

9. DEVELOP DEBATING SKILLS

To develop cognitive empathy, help pupils learn the skills of debating. Being able to hold your own perspective and also see that of another, takes practice.

4. DEVELOP SELF-EMPATHY

In order to have empathy for others, we first need to learn to have empathy for ourselves. Help pupils who are perhaps overly hard or dispassionate towards themselves, and encourage behaviours and thoughts which promote kindness and self-care.

8. DEVELOP LISTENING SKILLS

Being empathetic requires us to be really present "with someone" when they are in times of need. Teaching pupils active listening skills through games and role play will help.

5. TEACH EMOTIONAL LITERACY

Improve pupils' understanding of their own emotions and expand their range of vocabulary. Discuss what it feels like on the inside and what shows on the outside when we have a particular feeling. Discuss with pupils instances when they may have felt a certain way.

7. MANAGE CONFLICT

As school life is so busy, telling pupils what to think, feel and do at times of conflict can seem like a quick solution. To develop empathy however, help pupils to stop, employ breathing and calm down techniques, actively listen and then respond.

6. DISCUSS CHARACTERS IN TEXTS

Develop cognitive and emotional empathy by regularly helping pupils to imagine and feel what it might be like for a particular character or group of people.

The National College

This guide is part of **The National College staffroom poster series**. A collection of information posters for your school staffroom.



Meet the Expert: Anna Bateman
Anna Bateman, subject matter expert on mental health & wellbeing and school improvement adviser

The National College | Remote video CPD to empower school leaders & teachers

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Position	Class	% Attend	Number of Late pupils	Change from last week
1st	St Petroc	99	1	-3
2nd	Chapel Porth	98.2	1	-
3rd	Falmouth	97	3	+1
4th	Newlyn	96.8	2	+2
5th	Portreath	96.3	-	-
6th	Porthcurno	96	3	+1
7th	St Piran	94.6	2	-2
8th	Marazion	94.5	3	+1
9th	Poldhu	94.3	1	+1
10th	Truro	93.2	2	-
11th	Gwithian	93.2	2	-2
12th	St Blazey	93	4	+4
13th	Coverack	92.7	1	-1
14th	Helston	90	1	-

**WEEKLY
ATTENDANCE
DATA**
 This year's target
is
96%
 Congratulations to
ST PETROC
 who came
1st

NEW PARENTING COURSES ONLINE— free 20-hour workshop (10 weekly 2-hour sessions)

Understanding your Child (Togetherness - Solihull Approach) – Ages 4 to 11

Join us for a free 20-hour workshop (10 weekly 2-hour sessions) for parents and carers of children aged 4 to 11 years.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards

This workshop is offered both face-to-face and online.

Empowered Parenting Bitesize

Empowered Parenting Bitesize sessions are free workshops run by Together for Families' team of Parenting Workers who are trained in evidence-based interventions.

They are an introduction to some top tips and strategies and incorporates golden threads from our other parenting programmes.

Topics include;

- Routines
- Teenage brain
- Praise & rewards
- Technology & safety
- Remaining calm
- Sibling rivalry
- Conflict, and many more!

Each session is 1-2 hours long and sessions are available weekly on different topics.

To book a workshop, please visit the Bitesize Workshops booking page.

Arguing Better - a course for couples who want to improve communication and work together for their child's wellbeing

You will learn:

- Where stress comes from and how it can affect you
- Ways to recognise stress and talk about it
- How to support each other through difficult times
- What causes arguments and how to stop them

Both parents are encouraged to attend together, but one parent can attend on their own.

Getting it Right for Children - a workshop for separating or separated parents

You will learn:

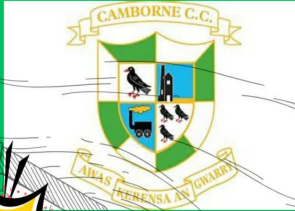
- How to stay calm and listen as well as talk
- Why it's helpful to see things from a different point of view
- What to do to stop a discussion from turning into an argument
- Skills for finding solutions and making compromises

Parents should attend separate courses and book separate dates.

You can book onto these courses by visiting [Parenting Programmes - to support children aged 4 to 11 years - Cornwall Council](#) or google 'parenting cornwall council'.

CAMBORNE CC ALLSTARS & DYNAMOS 8TH MAY 2026 6PM

WHOLE SUMMER OF FUN



Come and give cricket a go



**ALLSTARS 5 - 8 YEARS
DYNAMOS 8 - 11 YEARS
BOYS & GIRLS WELCOME**

MAY 25 - 29

BOOK NOW

Half Term Activities

Intensive Swimming Lessons

Activity Sports Day

Double Trouble Inflatables

Swim for £3 Fridays

For more information please [contact reception](#) or [visit our website](#)

01209 714766
cambrealeisurecentre.co.uk

Half Term Activities

Intensive Swimming Lessons

Give your child's swimming a boost with a lesson a day over the course of a week - two instructors, small groups, great value and fantastic results!

Lessons run: Monday 25th - Friday 29th May
Beginners Stage 1: 10:00 / 10:30 / 11:00 **Age: 4 - 9**
Beginners Stage 2: 11:30 **Cost: £45** **Duration: 30 minutes**

Activity Sports Day

Join us for a day of activities! Activities to include: indoor archery, racquet games, football, zorbs and much more...

Session runs: Friday 29th May
Time: 09:30 - 15:30 **Age: 5 - 12 years**
Cost: £23.50 per child (please bring your own packed lunch)

* Activities are subject to change on the day subject to weather conditions and group sizes

Double Trouble Inflatable

Our Double Trouble pool inflatable sessions offer high-octane water fun, with pumping party tunes. Take on the challenge of racing across our colourful pool obstacle course, and try not to slip or slide in to the water surrounding you.

Sessions run: Wednesday 27th May
Age: 5 years and over and in line with our child admission policy
Times: 14:00 - 16:00 **Cost: £7.50 per person**

There is a limited capacity for this session so we strongly recommend booking in advance

Swim for £3 Fridays

Swim for **only £3 per person** Friday 29th May!

Times: 12:00 - 13:30, 13:30 - 15:00, 15:00 - 16:30, 16:30 - 18:00 & 18:00 - 19:00.

BOUNCE PARK GAMES AND CHALLENGES

Tuesday 26th May

**GIANT INFLATABLE OBSTACLE COURSE
NINJA WARRIOR WALL | GLADIATOR DUEL
| TOTAL WIPEOUT LAST MAN STANDING |
BOUNCY CASTLES | DIDI CAR TRACK |
| GIANT GAMES | SWEETS & TREATS**

Sessions:
9:00-10:30 - General Session
10:45-12:15 - SEND and Sibling
12:30-14:00 - General Session
14:15-15:45 - General Session
16:00-17:30 - General Session

**UNDER 14'S: £10
ADULTS: £1**

Congratulations to the following
pupils who achieved
































Golden Responsible Empathetic Aspirational Tenacious

Class	Name	Reason for Certificate
Chapel Porth	Amelia	For being TENACIOUS in all of your learning and for being a kind and helpful friend. Well done Amelia!
Porthcurno	Charlotte	For being GREAT , always following the golden rules and being a kind friend to others.
Poldhu	Eden	For being ASPIRATIONAL in her story writing and using interesting adjectives and similes.
Gwithian	Olivia	For being TENACIOUS when inventing her journey tale. Well done Olivia!
Marazion	Maisie	For being ASPIRATIONAL in her writing and working hard to uplevel her adjectives independently!
Portreath	Elowen	For being a kind friend and a GREAT role model to her peers. Well done Elowen.
Coverack	Ava	For always being GOLDEN and working really hard on her handwriting. Well done Ava!
Truro	Teddy	For some GREAT writing this week
Falmouth	Riley	For his ASPIRATIONAL knowledge in maths, and always trying his best!
Newlyn	Avaya	For being consistently GOLDEN in every way! You are a shining example to others.
St Piran	Rosalind	For being so TENACIOUS and enthusiastic in your superb writing this unit.
Helston	All Helston pupils	For showing amazing TENACITY during SATS Week - Well done Helston!
St Petroc	All St Petroc pupils	For showing amazing TENACITY during SATS Week - Well done St Petroc!

Menu for week commencing Monday 18th May 2026



WEEK 3

W/C: 27/04/2026, 18/05/2026, 08/06/2026, 29/06/2026, 20/07/2026, 31/08/2026, 21/09/2026, 12/10/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with BBQ Potato Wedges 	Beef Meatballs in Tomato Sauce with Wholewheat Pasta 	Roast Chicken with Roast Potatoes and Gravy 	Southern Fried Chicken with Chips	All Day Breakfast with Potato Wedges
	OPTION 2	Veggie Meat Feast Pizza with BBQ Potato Wedges 	Cheesy Bean Burrito with Wholegrain Rice   	Cheese and Tomato Quiche with Potato Wedges 	Veggie Fingers with Chips 	Vegetable Lasagne with Garlic Bread   
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	OPTION 4	Ham Wrap	Tuna Wrap	Ham Wrap	Tuna Wrap	Ham Wrap
	OPTION 5	Cheese Sandwich 	Ham Sandwich	Cheese Sandwich 	Cheese Sandwich 	Cheese Sandwich 
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT	Custard Shortbread with Melon Wedges 	Chocolate Fudge Cake	Strawberry Jelly - with Fruit Slices  	Lemon Drizzle Cake	Vanilla Ice Cream	



BAKED POTATOES SERVED DAILY

With a choice of toppings  



AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water

 Vegetarian  Vegan  Oily Fish  Wholewheat  Fruity!  Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.