



# Hand in Hand



*Learning together for a better future*

Friday 13th March 2026

Dear Parent/Carer

While I am away both Mrs Johnson and Mrs Lagdon have been keeping me up to speed with how this week has gone. I have been pleased to hear that the children are continuing to approach their learning with determination. Well done. Last week, I know the teachers found the meetings after school hugely supportive. If you were unable to attend, please do arrange a meeting with the class teacher as this mid year review is always hugely informative for both school and home.

On a different note, we are looking for any parents who might be able to volunteer their time (1 hour or more) each week to either help maintain the grounds (gardening) or help with reading and maths. If you are interested, please speak with Mrs Johnson, and upon my return I will be in touch. Safeguarding checks will of course need to be undertaken along with an interview before any volunteers could start. We would however be really grateful and appreciative of extra support.

Best wishes, as always, Nic Furnish.

## Team EYES

This week in Reception, the children have been learning all about how to keep their bodies healthy and strong. As part of our unit of learning, we explored what our bodies need to grow, including healthy food, exercise and looking after our teeth.

The children enjoyed talking about the difference between healthy and unhealthy foods and discussed why it is important to make good choices to help our bodies grow. We also learned about how to take care of our teeth and why brushing them regularly is so important.

To keep our bodies strong, the children talked about different ways we can exercise and stay active. They loved sharing their favourite ways to move, play and keep fit!

It has been a wonderful week of learning about how we can all take care of our bodies and stay healthy.



**Notice: Roskear School distributes fliers and magazines offering family services or posts details of local activities on the newsletter. Whilst we think that parents might like the information and find it useful, the school does not necessarily endorse these services.**

# G★R★E★A★T★

# CALENDAR *(additions in red)*

**Comic Relief Red Nose Day - Children are invited to wear red**

**Inset Days for academic year 2025/2026: 22/07/2026, 23/07/2026**

**Swimming Year 5—every Thursday morning 26/02/2026—02/04/2026**

**Yr 6 residential to London: 18th - 20th May 2026**

**Yr 5 residential to Isles of Scilly: 8th - 12th June 2026**

**Yr 4 residential to Porthpean Outdoors Centre: 6th—8th July 2026**

*Team 1 & 2*

## Afternoon Tea on the Titanic

Friday 6<sup>th</sup> March

Second Class



First Class



Third Class



First, we made passports.  
Next, we waited in the long queue to board the Titanic.



Before boarding, we had to get our passport and ticket checked.



We waved at thousands of people who came to see the floating palace.

Third class passengers had to have a health check before boarding.



*Roskear Primary & Nursery School children are invited to take part in our*

## **Easter Bonnet Parade!**

**Thursday April 2nd at 2pm**

**£1 per entry**

**Prizes for each year group as well as most creative, most recycled and most funny design.**

**A limited number of plain, straw hats for decorating can be purchased via ParentPay for 50p.**

**Otherwise be creative with an old hat, cardboard, feathers, ribbons, fluffy chicks etc.**

**(School uniform to be worn during the day please)**



## Team 3 & 4

In PE, Coverack class have been doing gymnastics and exploring symmetrical and asymmetrical balances.

The children have worked hard and grown in confidence with their balances, using the equipment to practise at different levels and thinking about tension.

They worked well in their teams and came up with some very creative balances. Here are a few examples!



### Parent Partnership Meeting

Please join us on: Thursday 26<sup>th</sup> March for our next parent partnership meeting.

Refreshments will be served from 2:15pm - meeting to start at 2:30pm.

Please inform the school office if you are able to come along.

I look forward to seeing you soon. Everyone welcome.

Mrs Lagdon

ROSKEAR PRIMARY AND NURSERY SCHOOL

# SPORTS STAR OF THE WEEK

A weekly award to celebrate our endeavours in Real PE lessons

**Nabiha**  
For her **GREAT** effort during our basketball lessons.

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# 10 Top Tips for Parents and Educators

## SUPPORTING CHILDREN TO MANAGE CONFLICT EFFECTIVELY

Disagreement is a natural part of human interaction. This can seem particularly true when dealing with the sensitive issues that arise for secondary-aged pupils. This guide brings you 10 top tips which can help prevent conflicts arising or mitigate their impacts when they do.

### 1 INSPIRE RESPONSIBILITY

The best approaches to conflict resolution are restorative. This means that rather than adults imposing their own solutions on children who have had a disagreement, they should work with them. Allowing them to handle it can feel empowering to young people and will hopefully teach them to manage their own disputes as they move towards adult life.

### 2 ACTIVELY LISTEN

Remember to give every child the opportunity to voice their opinion, regardless of their age, stage of development, special educational needs, or other individual requirements. This can be done using a variety of different communication methods. For example, some children find it easier to express how they're feeling using pictures and drawings, while some prefer to write their ideas down.

### 3 BE CURIOUS

Demonstrating how to approach conflicts with a mature and empathetic mindset can set a good example to children, which can prove a useful skill for them later in life. Model this by asking inquisitive-yet-respectful questions about the issue at hand. Really try to understand where all parties are coming from, and share information between them when and where appropriate. This should encourage young people to mirror your behaviour, teaching them to be curious about the other sides of a conflict, and thus being more willing to hear them out.

### 4 PROMOTE DIFFERENCES

Children and young people may come from a range of different backgrounds and cultures or have protected characteristics which may cause them to see things from various angles. Having a school and community culture which celebrates and embraces diversity in all things – including diversity of opinion – means people are more likely to feel heard and understood.

### 5 BE SUPPORTIVE

Discussions may be sensitive or, in some cases, even trigger negative emotions. Pupils may have mixed feelings about the issue at hand. They could be nervous or anxious before even coming to the table to talk about it. Try and create a space where all parties feel safe, welcome and comfortable. Allow breaks and time-outs if the conversation gets heated, to prevent anyone from saying something they might later regret.

### 6 MENTALLY PREPARE

Think of how you can approach the conflict in a calm and regulated manner. Consider taking some extra time to prepare beforehand and finding somewhere quiet to relax. Even if you're not directly involved with the conflict, mediating can be a stressful experience in its own right. Make sure you're hydrated, fed and comfortable, and do the same for the young people involved. These may seem like insignificant factors, but it's important to remember that physical discomfort can trigger dysregulation, which can make it much harder to have a calm, productive conversation.

### 7 GET YOUR FACTS STRAIGHT

Make sure you have all the facts, figures and timelines of the situation prior to the discussion. This should be done as objectively as possible with the aim of resolving the ongoing issue. You may want to risk assess any problems that may arise and look for possible solutions during your preparation time.

### 8 STICK TO THE POINT

Make the reason for, and purpose of, any meetings or communications clear prior to setting them up. Provide an agenda. Act as a neutral chairperson who can keep all parties on track. Make sure everyone has a chance to air their concerns about the issue being discussed and try to avoid talking about unrelated incidents. Close off with some action points, detailing what everyone can do to resolve the conflict.

### 9 BE SOLUTION FOCUSED

It's often said that the art of diplomacy is about giving others ladders to climb down. This means the main aim of any meeting or correspondence should be finding mutually acceptable and amicable solutions. Parents, carers, teachers and pupils should be aware there may need to be a compromise for the common good – and, most importantly, the good of the children you're supporting.

### 10 DON'T IGNORE OR AVOID CONFLICT

No one benefits from allowing concerns and grievances to fester, as this can lead to further division and mistrust, and ultimately doesn't help the children involved. Use our tips to open meaningful lines of communication. These should help you find a suitable resolution and minimise the number of conflicts you're faced with mediating overall.

## Meet Our Expert

Catrina Lowri is a neurodivergent former SENCO and advisory teacher. She founded her company, Neuroteachers, to improve inclusion for neurodivergent people. She works with nurseries, schools, colleges and businesses providing consultancy, training and mentoring to create belonging and understanding for people with the full range of neurotypes.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-to-manage-conflict-effectively>

@wake\_up\_weds

/www.thenationalcollege

@wake.up.wednesday

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## Team 5 & 6

This week, St Piran Class, in Year 5 has continued to deepen their understanding of Religious Education through a creative and thoughtful exploration of Jesus' teachings. Building on our recent learning, the children worked in groups to create "freeze frames" that captured key moments from well known parables and stories from the Gospels. These still scenes encouraged pupils to consider not only what was happening, but also the emotions, motivations, and moral choices of the characters involved.

By stepping into these roles, the class began to see how the teachings of Jesus guide many Christians in making decisions and shaping the way they live their lives. The activity helped pupils recognise that for religious people around the world, beliefs are not simply ideas - they are foundations that influence behaviour, values, and relationships in everyday life.

The freeze frame work also encouraged excellent teamwork, communication, and empathy. Pupils reflected on why particular teachings—such as loving your neighbour, forgiving others, or helping those in need—hold such significance for believers. Their thoughtful discussions demonstrated growing confidence in making connections between religious stories and real-life choices.

Overall, it has been a reflective and engaging week of RE learning, with St Piran Class showing maturity and curiosity throughout. Well done!



Everyone Welcome

# Free Teatime Community Meals

A warm welcome, with tasty hot food and great company!  
No referral or voucher needed  
All diets catered for

## Menu This Term

- Feb 25<sup>th</sup> - Chilli
- March 4<sup>th</sup> - No meal
- March 11<sup>th</sup> - Mushroom risotto
- March 18<sup>th</sup> - Pizza
- March 25<sup>th</sup> - Sweet potato & chickpea curry
- April 1<sup>st</sup> - Cauliflower mac & cheese

To book please email [bex@gwealantops.org](mailto:bex@gwealantops.org) by midday on Tuesday (the day before)

Gwealan Tops Adventure Playground, School Lane, Redruth, TR15 2ER  
[www.gwealantops.org](http://www.gwealantops.org)



# MHST Wild Wellbeing

MHST, in collaboration with Natural England, Cornwall Wildlife Trust and National Trust, would like you to join us on a FREE Wild Wellbeing session in Cornwall.

This is for parents and children aged 5-12 in Cornwall to help understand and support emotional and mental wellbeing.  
Please book EACH child on to a session

Each session will last approx. 2 hours

**EXTRA SITES!!!**

**ALERT!**

## Locations and dates:

- 07 April - Golitha Falls
- 07 April - The Gardeners House, Penzance
- 07 April - Lanhydrock House
- 14 & 15 April - Penrose Estate
- 16 April - St Ives Community Orchard
- 16 April - Tehidy Woods

All sessions will begin at 10am. Please wear weather appropriate clothing!

To request a place, complete the online form  
<https://forms.office.com/e/CdbKBnMH0q>



Scan to sign up

Please be aware that spaces are limited and assigned on a first-come, first-served basis. If you cannot attend after being allocated a place, inform us so we can give your spot to someone else.

Follow us on Facebook for updates and upcoming events:  
**Cornwall Mental Health Support Team (MHST)**

Congratulations to the following pupils who achieved 'Star of the week'



**Golden Responsible Empathetic Aspirational Tenacious**

Class	Name	Reason for Certificate
Chapel Porth	Verity	For being <b>ASPIRATIONAL</b> in all of your learning. Your progress is exceptional and we are so proud of you!
Porthcurno	Royalty	For being <b>GREAT</b> and following our golden rules at all times. Well done!
Poldhu	Luke	For being <b>TENACIOUS</b> with his learning and being a <b>GREAT</b> role model to his friends.
Gwithian	Elias	For being <b>GREAT</b> when joining in with table top learning.
Marazion	Hoorain	For being <b>TENACIOUS</b> during her maths lessons and always trying her best!
Portreath	Jack	For being <b>TENACIOUS</b> during multiplication and division this week. Well done!
Coverack	Lilly	For being <b>ASPIRATIONAL</b> in English this week, pushing herself to write an engaging and exciting information text.
Truro	Isaac	For being <b>TENACIOUS</b> with his writing this week and showing adults his learning with a smile. Keep it up Isaac!
Newlyn	Abdullah	For his <b>ASPIRATIONAL</b> effort in handwriting.
Falmouth	Celeste	For her <b>ASPIRATIONAL</b> attitude towards her handwriting in all of her writing. Keep it up!
St. Blazey	Toby C	For his <b>ASPIRATIONAL</b> work he has produced all week and his <b>GREAT</b> effort in swimming.
St Piran	Archie B	For his <b>GREAT</b> performance at swimming - clearly loving every minute!
Helston	Kenzi	For being <b>TENACIOUS</b> and <b>ASPIRATIONAL</b> her in mental arithmetic this week!
St Petroc	Pearl	For being <b>TENACIOUS</b> in gymnastics - learning new skills!

Position	Class	% Attend	Number of Late pupils	Change from last week
1st	Poldhu	100	2	-
2nd	Porthcurno	98.5	3	-
3rd	St Blazey	98.1	3	-
4th	Newlyn	96.4	2	-
5th	Chapel Porth	96.3	1	-3
6th	Portreath	95.8	-	-
7th	St Piran	95.7	2	+1
8th	Falmouth	95.7	1	-
9th	Coverack	95	2	-
10th	Marazion	94.1	2	+2
11th	Gwithian	94	1	-1
12th	Truro	93.5	2	+1
13th	St Petroc	92.7	3	+1
14th	Helston	88.6	1	-

## WEEKLY ATTENDANCE DATA

This year's target is

**96%**

Congratulations to

**POLDHU**

who came

**1st**

this week

## Friday 20th March 2026



The children have opted to wear:  
**Red clothes or their own clothes backwards.**



If you are able to

(as long as it is safe to do so)



## \*\* Successful Bingo Evening \*\*

Big Shout Out to Mrs Crocker and Miss Sheppeck, who made our bingo night a great success.

**We raised over £700!**

We would like to send out special thanks to all that donated prizes. The money raised will go towards our Year 6 Leaver's Hoodies. Thank you to all that attended.

# Menu for week commencing Monday 16th March 2026

## WEEK 2

W/C: 10/11/2025, 01/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>HOT DISHES</b>	<b>OPTION 1</b>	Macaroni Cheese ✓	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Battered Pollock with Chips
	<b>OPTION 2</b>	Veggie Burrito with Wholegrain Rice ✓ 🌱 🍷	Vegetarian Sausage with Mashed Potatoes and Gravy ✓	Veggie Shepherd's Pie with Gravy ✓ 🍷	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Veggie Fingers with Chips ✓
	<b>OPTION 3</b>	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ✓ 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ✓ 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ✓ 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ✓ 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ✓ 🍷
<b>HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD</b>						
<b>DELI DISHES</b>	<b>OPTION 4</b>	Cheese Wrap ✓	Cheese Wrap ✓	Ham Wrap	Cheese Wrap ✓	Ham Wrap
	<b>OPTION 5</b>	Ham Sandwich	Ham Sandwich	Cheese Sandwich ✓	Ham Sandwich	Cheese Sandwich ✓
<b>DELI DISHES ARE SERVED WITH MIXED SALAD</b>						
<b>DESSERT</b>		Chocolate Caramel Crunch	Flapjack ✓	Chocolate Brownie ✓	Apple and Golden Syrup Sponge with Custard ✓	Chocolate Cookie ✓



**BAKED POTATOES SERVED DAILY**

With a choice of toppings ✓ <-



**AVAILABLE DAILY**

Fresh fruit, salad, yoghurt and water