



# Hand in Hand



*Learning together for a better future*

Friday 23rd January 2026

Dear Parent/Carer,

As I was visiting classes this week, I was concerned to see the number of children who appeared tired and, in some cases, too tired to learn. It is very important that children have enough high-quality sleep to be ready to learn the next day. The NSPCC recommend the following lengths of sleep required for children to be able to thrive:

- **Children (3-5 years):** 10-13 hours
- **Children (6-12 years):** 9-12 hours

When I speak with some children, some tell me they are busy on their phones until late into the night in their rooms or watching TV. If children have not had sufficient time to switch off, rest and sleep then they will attend school not ready for learning. We often see this present as poor behaviour and being unable to learn well in the classroom setting. Please do take a moment to reflect on the recommended times and your child's bedtime routine, to ensure they get the very best from their education.

If you would like to talk at all about bedtime routines or require help, please do contact the office and we will endeavour to see how we can help.

I wish you all a relaxing and restful weekend.



*Team EYES*

This week, the Pre-School children have been learning about which animals live on farms.

They enjoyed learning the names of the animals, the sounds they make, and creating pictures inspired by them.

Please talk to your child about which farm animal is their favourite and ask them why?

*Notice: Roskear School distributes fliers and magazines offering family services or posts details of local activities on the newsletter. Whilst we think that parents might like the information and find it useful, the school does not necessarily endorse these services.*

# G★R★E★A★T★

## CALENDAR *(additions in red)*

Inset Days for academic year 2025/2026: 23/02/2026, 23/07/2025

Swimming Year 4—every Thursday morning 08/01/2026—12/02/2026

Bingo Evening for Parents/Carers and accompanying children—Friday 27th February from 6:30pm

Yr 6 residential to London: 18th - 20th May 2026

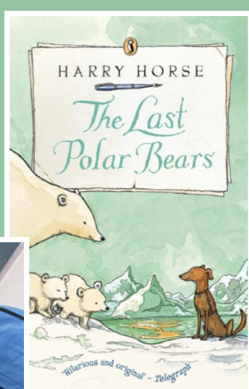
Yr 5 residential to Isles of Scilly: 8th - 12th June 2026

Yr 4 residential to Porthpean Outdoors Centre: 6th—8th July 2026

Thank-you Tesco Extra, Pool, for donating Christmas Crackers to the school for this year's Christmas school lunch!



### Team 1 & 2



Year 2 have been working hard to complete the Read, Write, Inc programme. When the children know all of their sounds and can read 80-90 words in a minute, they join in with whole class reading.

This half term, the children have been reading 'The Last Polar Bears' and are learning about islands in our Non-Fiction Friday reading sessions. We have many more exciting texts for the children to read this year!

It is important that the children practise their sounds and read their RWI books to become successful, fluent readers.

Thank you for your support at home and making your child's reading a priority.

### Team 3 & 4



This week Year four have been busy learning how to multiply and divide two and three digit numbers.

They have worked very hard to learn different ways to do this using counters, number lines and place value grids.

ROSKEAR PRIMARY AND NURSERY SCHOOL

# SPORTS STAR OF THE WEEK

A weekly award to celebrate our endeavours in Real PE lessons

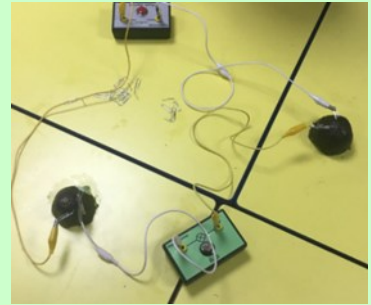
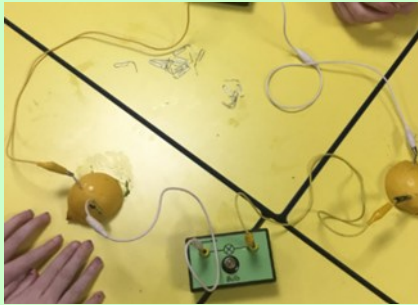
Brea for her stretches and balances in PE yesterday.



## Team 5 & 6

In science this week, the children set up a simple circuit to check the bulb lit up. We then replaced the battery with different fruits to test whether the bulb still lit up.

We made predictions, wrote up our findings and discussed ways we could improve our experiment. We learnt that the juice in a lemon acts as an electrolyte. Lemons work well as batteries because their juice contains citric acid.



## Roskear Primary & Nursery School

# B I N G O

## NIGHT!

**For our Parents/Carers and accompanying children**

Friday, February 27th 2026

DOORS OPEN 6:30m EYES DOWN 7PM

at Roskear Primary & Nursery School in the School Hall

£10 per ticket (via ParentPay)

Enjoy a fun evening of Bingo with refreshments, raffle and more....

**YOUR TICKET INCLUDES**  
Entry into Bingo Night  
Refreshments  
(Party, Tea or Coffee)  
6 Bingo Pages

B I N G O				
5	30	36	46	68
2	17	35	58	67
9	27	☆	60	70
6	24	31	52	64
13	20	40	47	73

CARD 1

Congratulations to the following  
pupils who achieved  
'Star of the week'



## Golden Responsible Empathetic Aspirational Tenacious

Class	Name	Reason for Certificate
Chapel Porth	River	for being <b>GOLDEN</b> with her behaviour recently and for her resilience when learning. You are a star River!
Porthcurno	Orla	for being <b>TENACIOUS</b> during Read Write Inc. We are so proud of you Orla!
Poldhu	Meggan	for being <b>ASPIRATIONAL</b> with her amazing story writing.
Gwithian	Zin	for being <b>TENACIOUS</b> when writing her finding tale.
Marazion	Albie	for being a <b>GREAT</b> member of our class. Good luck in your new school.
Portreath	Kaspian	for his <b>ASPIRATIONAL</b> writing this week. Well done!
Coverack	Lyra	for being a <b>GREAT</b> member of Coverack class and showing kindness to everyone.
Truro	Ruben	for being <b>TENACIOUS</b> during his writing and making vast improvements in his presentation!
Newlyn	Olivia H	for being a <b>GOLDEN</b> role model this week.
Falmouth	Riley	for being <b>ASPIRATIONAL</b> in all of his learning this week. Well done!
St. Blazey	Arlo	for being <b>GOLDEN</b> with his behaviour, he is always listening and ready to learn.
St Piran	Talent	for being <b>RESPONSIBLE</b> and <b>TENACIOUS</b> in her approach to every single lesson
Helston	Chase	for being <b>ASPIRATIONAL</b> in his writing and making amazing progress with his handwriting!
St Petroc	Deacon	for being <b>ASPIRATIONAL</b> in maths this week - even doing extra with Miss Furnish!



## What Parents & Educators Need to Know about

# ROBLOX

### WHAT ARE THE RISKS?

Roblox is an online platform where users can play and create games known as 'experiences' made by other users. Roblox has a large UK audience. ITV News has reported that millions of people in Britain use the platform regularly, with children forming a significant proportion of its users. The sheer scale of it makes it extremely difficult to moderate effectively, creating risks for unsupervised children.

### A PLATFORM RATHER THAN A GAME

Roblox differs from traditional video games in that it hosts millions of user-created experiences rather than a fixed set of developer-produced content. Each experience is self-rated by its creator rather than independently age-rated in advance, as is the case with PEGI-rated games. With millions of user-created experiences, moderation is largely automated which means that inappropriate content may reach younger players and have a harmful effect.

### MATURE CONTENT

With much of Roblox's moderation automated through AI and creators self-certifying suitability, inappropriate content frequently appears on the platform. Some experiences may include content intended for older players. While Roblox has tools to restrict access based on age settings, these systems are not always perfect. Younger players are likely to encounter content you may deem unsuitable.

### IN-GAME SPENDING

Roblox is free to play, but many experiences and cosmetics include optional purchases using Robux, the platform's virtual currency, to get advantages in games. This business model is common across online games, but reporting has highlighted cases where children have spent large amounts of money unintentionally or without understanding the real-world cost.

### RISK OF ADDICTION

Roblox encourages repeated and extended play. Many experiences are made of short tasks, rewards, and progression systems that can prompt users to keep playing for longer periods of time. Some games also use reminders, daily rewards, or timed events to encourage frequent logins. These designs can make it difficult to stop playing. Spending long periods online may affect sleep, schoolwork, or other activities if boundaries are not in place.

### COMMUNICATION WITH OTHER USERS

Roblox includes text and voice features that allow players to chat in shared game spaces. While the platform uses automated filters and moderation tools, media investigations have found that inappropriate and potentially harmful messages can still get through. There are risks that children could be targeted by groomers. In response, Roblox has announced changes to how chat works. The platform plans to use facial age-estimation technology to restrict chat access between adults and children they do not know.

## Advice for Parents & Educators

### USE PARENTAL CONTROLS

Roblox's parental controls provide an important starting point. Linking a child's account to an adult account allows parents to apply spending controls, limit communication features, and review recent activity. Regular supervision, use of parental controls, and conversations with children about what they see online can help reduce the risk of exposure to inappropriate content.

### CONSIDER LIMITING OR DISABLING CHAT

Although Roblox is introducing tighter age-based chat restrictions, some parents and educators may prefer to disable chat entirely for younger children. Children can still play games while communicating with friends they know through other supervised platforms.

### PLAY TOGETHER WHERE POSSIBLE

Playing Roblox with a child can help adults understand the types of experiences available, how monetisation works, and how children interact online. This shared engagement can also make it easier for children to raise concerns if something feels wrong. Parents and educators should monitor all games played on Roblox due to its self-rating nature.

### ENCOURAGE OPEN CONVERSATIONS

Many Roblox experiences are creative and age appropriate, and for many children, the platform is an important way to socialise with friends. Rather than banning it outright, parents and educators should talk openly with children about online safety, spending, and how to respond to inappropriate behaviour.

### Meet Our Expert

Alan Martin is a technology journalist who has written for publications including Wired, TechRadar, The Telegraph, The Evening Standard, The Guardian and The New Statesman.



The National College®

See full reference list on our website

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# Come and try Judo

First two classes are free

All ages welcome from 5 onwards

Learn discipline through a traditional martial art

Reach new goals

Create new friendships that last a lifetime

Learn to cope with success and failure through sport

Create a healthy mind and body

World and Olympic sport

Be part of a team whilst focusing on individual achievement



Members of the British Judo Council  
Affiliated to the British Judo Association





CARN BREA JUDO CLUB – Est 1974  
Tel – 07957 856735  
Email - [carnbreaclub@gmail.com](mailto:carnbreaclub@gmail.com) IG - carnbreaclub



Location; Roskear School main hall  
Time; Tuesday 6pm to 7pm (beginners) 6pm to 8 pm (graded players)

Position	Class	% Attend	Number of Late pupils	Change from w/e 16/01/26
1st	Poldhu	97.1	3	-1
2nd	Truro	96	2	+1
2nd	Falmouth	96	3	-
3rd	Porthcurno	95.3	4	-
5th	St Blazey	94.4	2	-1
6th	Gwithian	94.2	1	-2
7th	Marazion	93.1	4	-1
8th	St Piran	92.9	1	-
9th	Newlyn	92.8	0	+3
10th	St Petroc	92.4	2	-3
11th	Coverack	92.2	4	+2
12th	Portreath	92.1	1	-
12th	Helston	90	1	+1
13th	Chapel Porth	89.4	1	-1

WEEKLY  
ATTENDANCE DATA

This year's target is

96%

Congratulations to

Poldhu

who came

1st

this week

# Menu for week commencing Monday 26th January 2026

## WEEK 1

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/03/2026, 30/03/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges 🍷	Beef Bolognese with Wholewheat Pasta 🍷🍷	Roast Chicken with Roast Potatoes and Gravy	Chicken and Vegetable Pie with Mashed Potatoes and Gravy	Southern Fried Chicken with Chips
		OR	OR	OR	OR	OR
	OPTION 2	BBQ Vegetable Wrap with Potato Wedges 🍷🍷	Vegetarian Bolognese with Wholewheat Pasta 🍷🍷🍷	Roast Quorn with Roast Potatoes and Gravy 🍷	Cheesy Vegetable Hotpot 🍷	Quorn Dippers with Chips 🍷
		OR	OR	OR	OR	OR
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	OPTION 4	Cheese Wrap 🍷	Cheese Wrap 🍷	Ham Wrap	Cheese Wrap 🍷	Ham Wrap
		OR	OR	OR	OR	OR
	OPTION 5	Ham Sandwich	Ham Sandwich	Cheese Sandwich 🍷	Ham Sandwich	Cheese Sandwich 🍷
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT		Crunchy Apple Slice 🍷	Strawberry Shortcake Mousse	Oat Cookie 🍷	Apple Crumble with Custard 🍷	Berry Blondie



### BAKED POTATOES SERVED DAILY

With a choice of toppings 🍷🍷



### AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water

🍷 Vegetarian 🍷 Vegan 🍷 Oily Fish 🍷 Wholegrain 🍷 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.