



# Roskear Primary and Nursery School

*Learning together for a better future*

May 2025

Dear Parents/Carers,

At Roskear we use Jigsaw as our scheme of work to teach PSHE (Personal, Social, Health Education). The programme consists of 6 half-term units, each with 6 lessons. We call these Jigsaw 'Puzzles'. (Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me).

After May half term, we will be teaching the 'Changing Me' Puzzle. This helps children learn to cope positively with all sorts of change. In the Early Years and Key Stage 1, the focus is on life cycles, valuing our own bodies and learning some vocabulary for the external body parts that we might use if we needed to talk to an adult such as a nurse or a doctor. In Key Stage 2, children learn about the changes that happen inside and outside the body. This is taught in a way that helps pupils feel prepared for the main changes that happen before puberty starts, and to encourage them to talk to an adult at home or at school if they have any questions.

The government statutory guidance gives parents the right to request to withdraw their child from Sex Education, and the purpose of this letter is to explain more about what Sex Education is at Roskear. To withdraw your child, you must formally have a meeting with your child's class teacher or Miss Furnish to ensure that there is clarity on what you are withdrawing from. Please note that animal reproduction is a statutory element of the Year 5 Science curriculum, and at Roskear we deliver this as human reproduction in the final half of the Summer Term.

We hope that the information we have provided is useful in understanding what your child will be learning next half-term. For further information, please refer to our PSHE policy and the DfE's 2024 Draft Review of RSHE document, available on our website.

If you have any questions or would like to discuss any aspect further, please don't hesitate to contact your child's teacher or me via the school office.

Kind regards,

Mrs Jackson  
PSHE / RSE / PD Lead

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