

Leuven scales of well-being and involvement:

At Roskear, we believe that emotional well-being is especially important for children. If children feel confident in their surroundings, they are more likely to learn productively and develop in a healthy way. Therefore, promoting an environment where children feel happy, safe and supported is key to this.

All our practitioners know that the idea of emotional well-being and involvement is particularly important in the early years because it safeguards a child's emotional development whilst encouraging engagement for their learning and play.

Applying this to our early years teaching and learning, means that happy, emotionally healthy and confident children are more likely to learn better and develop more quickly because our children are given the emotional support to do so by our highly trained and highly professional staff.

A child's level of well-being is intrinsically linked to levels of involvement and motivation to learn. The signals of involvement correlate with the three characteristics of effective teaching and learning in the EYFS – playing and exploring, active learning, and creating and thinking critically.

We use the Leuven scales for emotional well-being to support staff to measure a child's emotional well-being and involvement. We are then able to help our children make informed decisions to improve their mental, emotional, social and physical wellbeing. We also support them to experience challenge and enjoyment, as well as experiencing positive aspects of healthy living and activity for themselves.